



Light of Life




VOLUME 17 ISSUE 4

MAY 2017

FR. PETER DAY—PROISTAMENOS

Priest's Message

 Christ is Risen!

Truly He is Risen!

As He who called you is holy, be holy yourselves in all your conduct; since it is written, "You shall be holy, for I am holy." -1 Peter 1:15

As we journey from Pascha to Holy Ascension, and finally to Pentecost, we continue to celebrate the Resurrection of our Lord and Savior Jesus Christ. Until Holy Ascension, we continue to greet one another with love in the *Festival* with our Paschal greeting: *Christ is Risen! Truly He is Risen!* And then moving to Pentecost, as members of the parish of Holy Trinity, we stand ready to receive and to be "inspired by the Holy Spirit." The weekend of our Feast Day, from the Saturday of Souls and Pentecost Sunday, to the Monday of the Holy Spirit, is the beginning of our call to fulfill our "royal priesthood," the priesthood of the laity, and to be the first-fruits of His discipleship.

Pentecost is both an end and a beginning. It is the end of the Great Feast of Pascha, the final fulfillment of the Lord's mission to us on earth through



His Incarnation. And, it is the beginning of our priesthood of grace through the indwelling of the Holy Spirit, the helper and comforter that Jesus Christ promised would be with us. It is the final goal of sanctification conferred upon us and, at the same time, it is the commencement of our spiritual life, moving from learners to doers. It is the celebration of what happens to us as we receive the wisdom of the Logos, the Word of God, in Jesus Christ, and then are made ready to receive the power from on high, through the Holy Spirit.

The Holy Spirit speaks to us as a body. The Spirit is bestowed on us in common as a bond of unity in His Church and in this parish. For the parish of Holy Trinity, the Sunday of Pentecost, and the Monday of the Holy Spirit, act as our call of inspiration to make this parish the place where the Comforter comes to dwell, "to be holy, as He is holy." He called all to unity and with one voice we glorify the Most Holy Spirit.

Fr. Peter With love in Christ,

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Michael Coombs

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John Kesaris

Peter Goranites.....

Dina Medouris

Jaye Mendros-Goulet ..

Roger Naous.....

Food for fellowship time
 after church
 May

7.....

14.....

21..... Town, Mars
 Moscovis Families

28.....

*If you wish to host a
 memorial or sponsor food
 for after church fellowship*



BULLETIN OF THE
 PARISH OF THE
 HOLY TRINITY
 GREEK ORTHODOX CHURCH

May
 2017



155 Hogan Road
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 Lewiston, Maine 04243-1344
 Phone & Fax (207) 783-6795

Committees

Building & Addition: John Stass, Mike Pelletier, & Jason Levesque
Cemetery: Michael Pelletier
Education: Chris Sirois
Festival: Peter Mars & John Kesaris
Finance & Endowment: Dorothy Moskovis, Duke Goranites,
Hellenic Heritage: Georgia Chomas
Interior: John Rozos
Maintenance: Jim Simones, Harry Simones, Stella Gammaitoni
Parish Historical Socceity: John Kesaris
Spiritual Enrichment: Ann Robinson
Stewardship: Ann Robinson
Libraian: Tom Goodwin
Ladies Society: Melissa Simones
Choir Directors: John Rozos, Chris Gianopoulos
Sunday School Director: Stella Gammaitoni
Readers: George Simones, David LeGloahec, John Rozos,
 Jaye Goulet
Acolyte Guides: Roger Park, John Zimbis
Book Store Manger: George Simones
Visitation Committee: Margery Mars) & Christine Sirois
) Other Members: Ann Pelletier, Rosemary Goranites,
 Deserée Tanquay, and John Rozos.

Photographers:
 Julianna Rattey
 Anthe Day
 David Le Gloahec

Writers:
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 Anthe Day
 David LeGloahec
 Margery Mars

Light of Life is the monthly
 publication of Holy Trinity Greek
 Orthodox Church
 of Lewiston, Maine under
 the Metropolis of Boston
 of the Greek Orthodox Archdiocese
 of America.

It is intended for the communication
 and edification of the community of
 Holy Trinity Greek Orthodox Church
 and its friends.

Publication created using:
 Adobe® InDesign® CS-5, Adobe® Photoshop®
 C.S.5, Art Explosion® 750,000, Macromedia
 Freehand® 9.0, IconGraphics™ Byzantine
 ClipArt on an Apple iMac.

fonts used: Palatino, Papyrus & Optima.

See us on the web at
holytrinity.me.goarch.org

Church News

The Bulletin has finally arrived. My apologies to the church community. Some changes occurred in my life style that making time for the bulletin became difficult. There are lots of pictures from Holy Week, enjoy them all.

- From April**
- Best wishes to Mike and Ann Pelletier who recently celebrated their 45th wedding anniversary.
 - Gentle healing wishes to Nathalie Prouchinsky who is now in a rehab facility recovering from surgery. She fell at her home recently and broke her leg.
 - Good news that dear Noreen Kesaris is doing well and out of her leg brace. She has made a good recovery from her broken leg and is able to walk again!
 - We appreciate the effort you made to attend the Service of Remembrance for our beloved son, David Evan Mars. Your love, caring, and support have comforted us and helped us in our healing journey. Blessings and love, Peter and Margery.

Please keep in prayer Rev. Joe and Joy Beardsley whose Poland home on Sunday, April 30

continued on pg. 4



Lamb Raffle

You have church News:

**Send your text, your pictures,
 your inspirations, whatever it is,
 send it to:**

HTrinnews@gwi.net

Church News
Continued from pg. 3

sustained fire damage. The fire was confined to the basement but the smoke from burning insulation, ceiling tiles, and plastic contaminated their entire house. They will be displaced, most likely, until the end of July. "Opening in the late fall 2017 will be a new attraction in Washington, D.C. - Museum of the Bible. The 430,000 square foot building, located 3 blocks south of the US Capitol, will be

the most technologically advanced museum in the world. It will provide guests with an immersive and personalized experience as they explore the history, narrative, and impact of the Bible. The museum will be full of artifacts and exhibitions focused on the



Bible's long history and showcasing some rare items. The museum will be of interest and appeal to people of all faiths. It is the \$500 million brainchild of Hobby Lobby's chief executive officer Steve Green."



Constantine did not become a Christian until well into his time as emperor. His first major battle in which he was vastly outnumbered against the infamous Maxentius in Rome hastened his conversion. A bright image of the cross appeared to him in the sky surrounded by stars in the light of day. The inscription read, "In this sign, conquer!" An image of the cross was built and carried before his army that vanquished Maxentius and caused him to drown himself in the Tiber River. He then issued the Edict of Milan, which ceased the Christian persecutions.

Around this time, Constantine contracted leprosy and doctors and idol-worshipping priests could not heal him. They suggested he bathe in the blood of sacrificed children, which he refused. The Apostles Peter and Paul appeared to him in a vision and sent him to see a certain Bishop Sylvester who instructed, baptized, and healed him. He also built the city of Constantinople, resplendent with cathedrals, churches, and the absence of pagan temples. Equally important, he attacked the heresy of Arianism by calling together the greatest minds of Christianity at the First Ecumenical Council at Nicaea and there set in motion its demise. He also declared Sunday a public holiday. His mother, Helen, was said to be the daughter of the lyrical King Cole. She had beautiful churches built at the sites of Christ's Nativity, the Holy Sepulcher, the Ascension, as well as others. She also discovered the cross of Jesus and the two others buried under a temple. Both Constantine and Helen died early in the fourth century.

**CONSTANTINE AND HELEN,
THE GREAT SOVEREIGNS AND
EQUAL-TO-THE-APOSTLES**
May 21





Palm Sunday



Royal Hours



Lamentations



The Lord Jesus passed forty days on earth after His Resurrection from the dead, appearing continually in various places to His disciples, with whom He also spoke, ate, and drank, thereby further demonstrating His Resurrection. On this Thursday, the fortieth day after Pascha, He appeared again in Jerusalem. After He had first spoken to the disciples about many things, He gave them His last commandment, that is, that they go forth and proclaim His Name to all nations, beginning from Jerusalem. But He also commanded them that for the present, they were not to depart from Jerusalem, but to wait there together until they receive power from on high, when the Holy Spirit would come upon them.

Saying these things, He led them to the Mount of Olives, and raising His hands, He blessed them; and saying again the words of the Father's blessing, He was parted from them and taken up. Immediately a cloud of light, a proof of His majesty, received Him. Sitting thereon as though on a royal chariot, He was taken up into Heaven, and after a short time was concealed from the sight of the disciples, who remained where they were with their eyes fixed on Him. At this point, two Angels in the form of men in white raiment appeared to them and said, "Ye men of Galilee, why stand ye gazing up into Heaven? This same Jesus, Who is taken up from you into Heaven, shall so come in like manner as ye have seen Him go into Heaven" (Acts 1:11). These words, in a complete and concise manner, declare what is taught in the Symbol of Faith concerning the Son and Word of God. Therefore, having so fulfilled all His dispensation for us, our Lord Jesus Christ as-

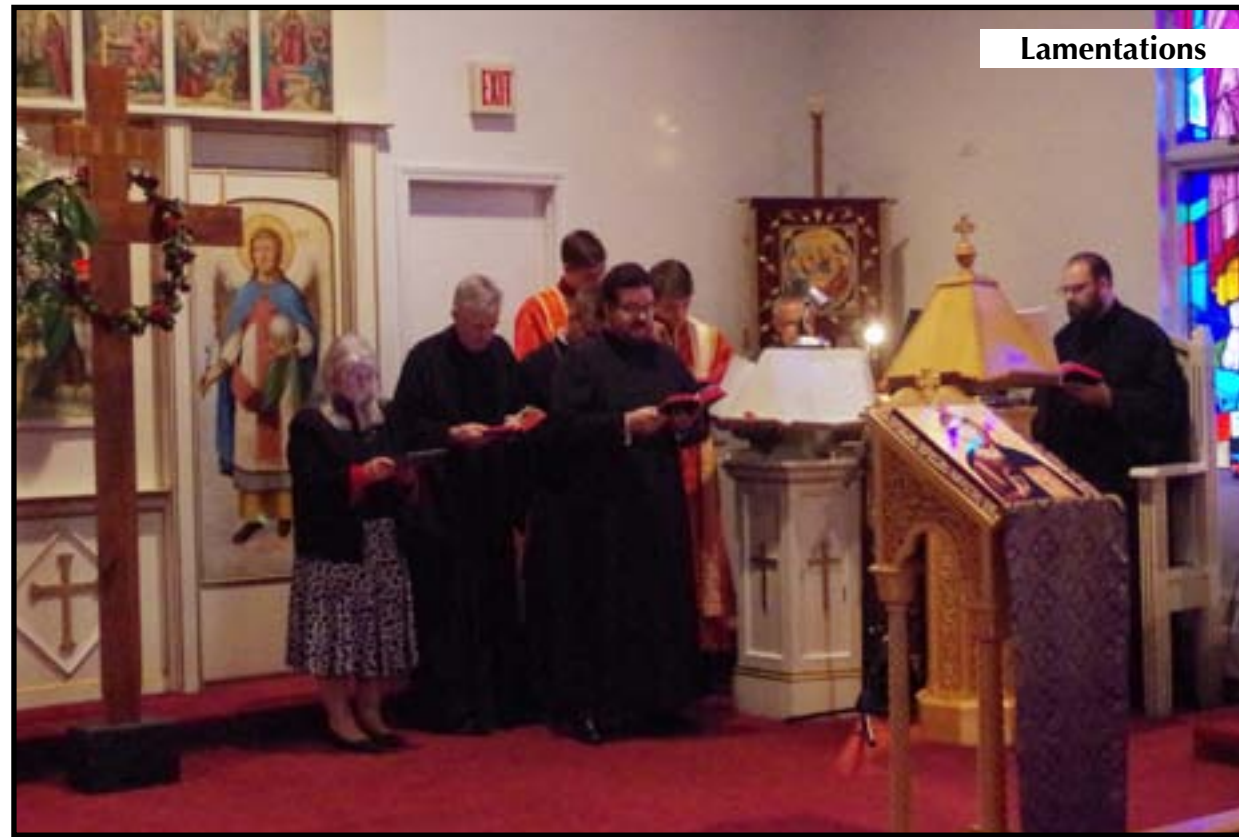
Holy Ascension
May 25



cended in glory into Heaven, and sat at the right hand of God the Father. As for His sacred disciples, they returned from the Mount of Olives to Jerusalem, rejoicing because Christ had promised to send them the Holy Spirit.

It should be noted that the Mount of Olives is a Sabbath's day journey from Jerusalem, that is, the distance a Jew was permitted to walk on the day of the Sabbath. Ecumenius writes, "A Sabbath day's journey is one mile in length, as Clement says in his fifth Stromatis; it is two thousand cubits, as the Interpretation of the Acts states." They draw this conclusion from the fact that, while they were in the wilderness, the Israelites of old kept within this distance from the Holy Tabernacle, whither they walked on the Sabbath day to worship God.





Lamentations



Lamentations



Lamentations



Pascha



KOSMOS



Greetings in the Lord,

Holy Week Readers

We are seeking readers for our services next week. How wonderful it would be to have as many different readers as possible to participate in our most Holy of Holy Weeks. A sign-up list of the different readings will be placed in the Narthex for your review. Please see Fr. Peter or myself for further information or help.

District Oratorical Festival – May 6, 2017

Metropolis Oratorical Festival – May 13, 2017

Due to the snow on April 1st, the District Festival has been rescheduled to May 6. Thank you to those who helped us to prepare for the earlier date. Since we are hosting the event, we will prepare a luncheon for all the participants and their families. We will again need help with food preparation. Please let us know if you can help. We will have participants from St. Nicholas (Portsmouth), St. Demetrios (Saco), and us. This is a great time to visit with our fellow Orthodox, and to learn from the youth how they experience the Lord.

KOSMOS Gatherings #3

April 22 – 10: 00AM

Topic: A Favorite Saint

Due to services on March 18, we did not meet, and since the third Saturday falls on Holy Saturday, we are planning on the following Saturday to meet. Let us know if this works out for folks. We will focus on our talking about a favorite Saint, and your interest in this Saint.

Our April gathering will focus on our talking about a favorite Saint. Over coffee and breakfast/brunch, we look forward to spending time together again. The past two gatherings, a lunch side dish was brought, but not eaten, so this is why we are suggesting breakfast food unless we meet at a different time.

During our February gathering, we had three people participate. The discussion was lively, and we learned work is stressful and difficult, but necessary as it is what makes us get out of bed each morning. It gives us purpose, service, and meaning. The Greek word *ἀσκησις* (*askesis*) – training – practice - is a good synonym for work. It is through this training, we learn to practice obedience. With all, most liked their first jobs, albeit, they were stressful at times. Some first jobs were: cashier, nutritionist aide, band music librarian, farm worker (picking strawberries and apples, and working in the hay fields), and a candy worker. Someone (we won't mention names) went to work at age 12 to get out of household chores. In addition, the refrigerator got cleaned and organized.

Kosmos continued

Generations Celebrations

Honoring our Youngest in June

Our next group that we will honor is the youngest in our Church – up to 25 years old

Similar to the celebration we enjoyed with the leaders – our archons on February 26th, we look forward to celebrating our youth – the newcomers to leadership in June. We are open to ideas as to how best to celebrate this group. We certainly will need help again.

We had a wonderful time in February during Fellowship honoring our leaders, the 80-106 year old parishioners. We enjoyed a wonderful time together. Thank you to all who were present and who helped. We look forward to wonderful times with all. Take care.

With Love in Christ,

Presvytera Anthe



Finalists Alex Wahl, Portsmouth and Oliver Fisher, Lewiston With judges Paul MacDowell, Saco, Lee Morest, Saco, and Ann Robinson, Lewiston.

Holy Trinity hosts the North-East Oratorical Festival



Parish Festival, March 12, 2017

On Saturday, May 6th, speakers from St. Nicholas in Portsmouth, NH and Holy Trinity in Lewiston, participated in the Metropolis of Boston North-East District St. John Chrysostom Oratorical Festival, hosted by our parish.

Oliver (Tykhon) and Gordon (Alexander) Fisher earned the chance to participate at the District level through their presentations at our parish festival on March 12th.



Oratorical Festival continued from pg. 15

Four participants in the Junior Level presented on these topics:

The opening petition of the Divine Liturgy is "In peace let us pray to the Lord." What is this peace, and why do we need it to begin our prayers?

Gordon Fisher, Lewiston

The Orthodox Church venerates saints and martyrs every day. Talk about a saint whose life inspires you to be a better Orthodox Christian.

Karina Nicholas, Portsmouth

Explain why the Orthodox Church focuses more on the resurrection than it does on the passion and suffering of Christ.

Alex Wahl, Portsmouth

Oliver Fisher, Lewiston



Having fun in the kitchen, Dina Medouris and Alysha Mihalakis



All of the participants gave excellent presentations and earned the respect of all those present. Gordon Fisher received Honorable Mention, Karina Nicholas was chosen as the Alternate,

Judges in deliberation; in the background, timekeeper Dina Medouris, with Jaye Mendros Goulet and Christine Sirois.

and both Alex Wahl and Oliver Fisher were chosen as the Finalists to participate in the Metropolis Festival on May 13th in Brookline, MA.

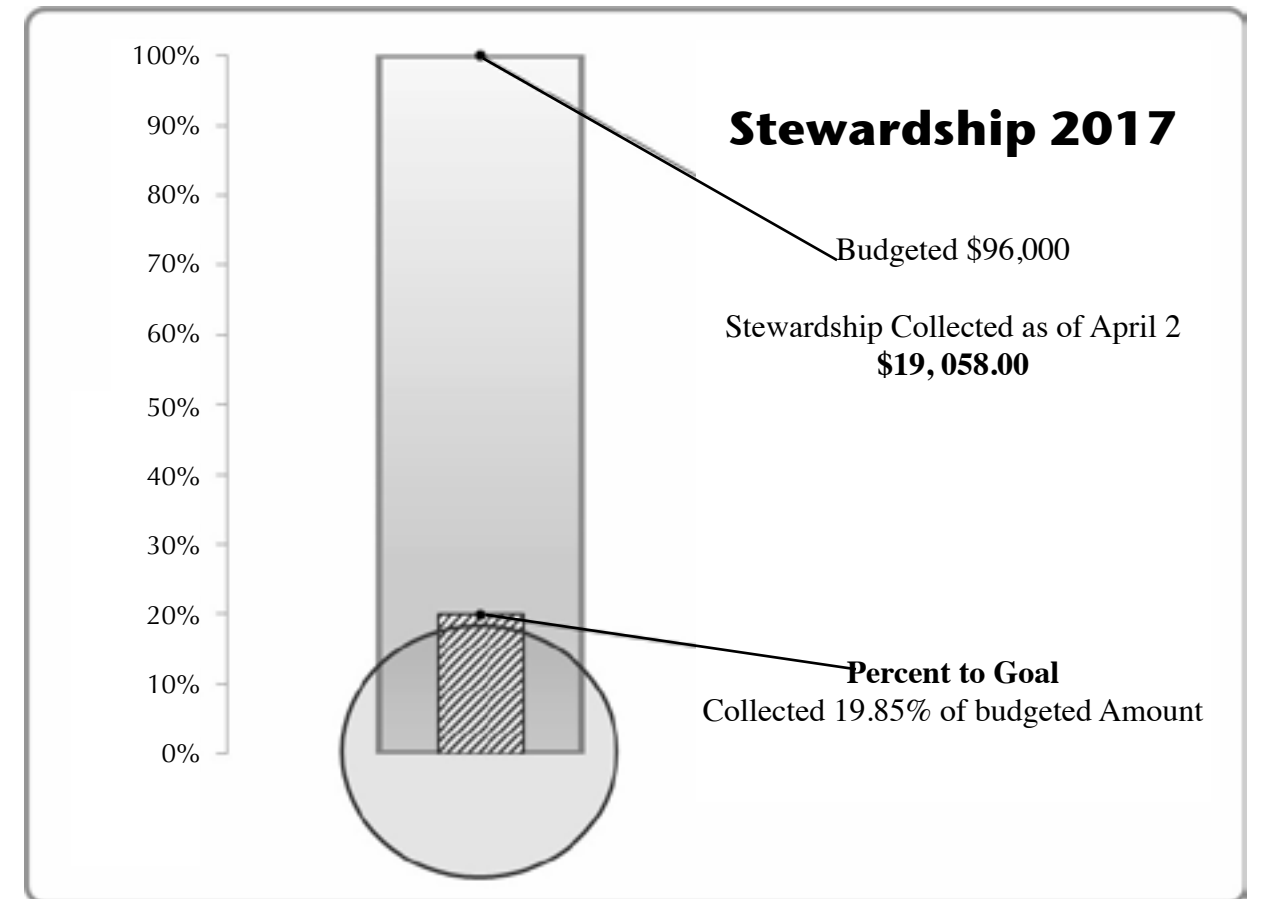
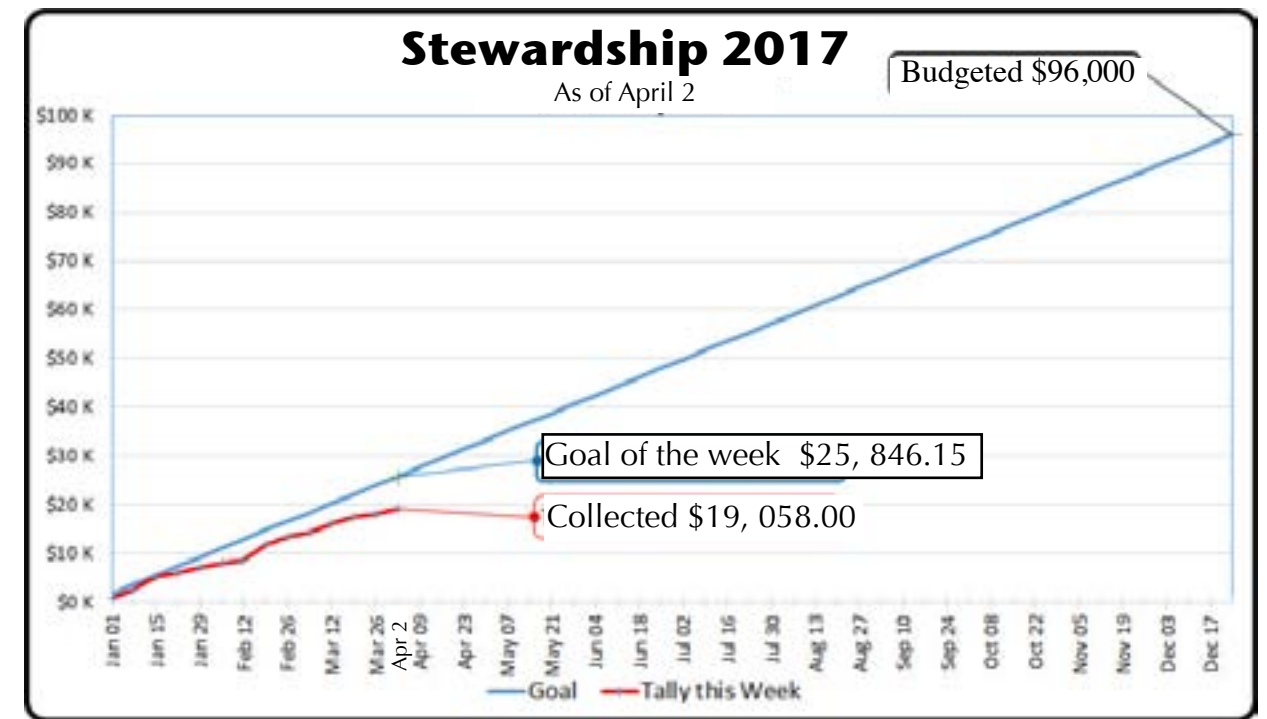
We thank all those who helped to make our hosting of the festival a success. Special thanks to Presvytera Anthe, the organizer of both the Parish and District Festivals, and the Mentor to our participants.

Please lend your support and encouragement to our youth and give best wishes to Oliver Fisher on May 13th at the Metropolis Festival.



Presvytera Anthe Day oversees all activities, including the lunch offering, tended by Desiree (Macrina) Tanguay.





M E M O R I A L S



In Memory of
Theodore &
Elizabeth Kleros
May their memories be eternal

In Memory of
Ervin & Virginia
Pelletier
May their memories be eternal



In Memory of
Mary
Samson
May her memory be eternal

In Memory of
James & Mary
Goranites
May their memories
be eternal



In Memory of
John
Margarones
May his memory be eternal

In Memory of
Spiro & Antigone
Bournakel
May their memories
be eternal



In Memory of
Anthe
James
May her memory be eternal

In Memory of
Charles Bournakel
May his memory be eternal



In Memory of
Georgia
Taxiarchis
May her memory be eternal

In Memory of
Nicholas
& Evridice
Merkouris
May their memories



M E M O R I A L S

In Memory of
Lewis Kesaris
May his memory be eternal



In Memory of
Sophia Amfilio
May her memory be eternal



In Memory of
Spero & Jennie
Vlacheas
May their memories be eternal



In Memory of
Mary Vlacheas
May her memory be eternal



In Memory of
Michel Prouchinsky
May his memory be eternal



In Memory of
Steve &
Loretta
Karvelas
May their memories
be eternal



In Memory of
John & Viola
Margarones
May their memories be eternal



Memorials

If you wish to have a memorial in the bulletin, please see D. LeGloahec or eMail to: HTtrinnews@gwi.net. Listed below is the name and the last bulletin.

- Amfilio..... 12/2017
- S. & A Bournakel..... 10/2017
- Goranites Perpetual
- James Perpetual
- Karvelas 12/2017
- Kesaris Perpetual
- Kleros..... Perpetual
- Margarones Perpetual
- Merkouis..... Perpetual
- Pelletier..... Perpetual
- Samson Perpetual
- Taxiarchis..... Perpetual
- Vlacheas (2) 12/2017



**Christos
Anesti**

**Truly
He has
Risen**



May						
SUN	MON	TUES	WED	THURS	FRI	SAT
	1	2	3	4	5	6
7 Sunday of Paralytic Orthros 9:00 AM Liturgy 10:00 AM	8	9	10 Mid Pentecost 8:00/9:00 AM Orthos/Liturgy	11	12	13
14 Sunday of the Samaritan Woman Orthros 9:00 AM Liturgy 10:00 AM	15 Parish Council 6:30 PM	16	17	18	19	20
21 Sunday of the Blind Man Orthros 9:00 AM Liturgy 10:00 AM	22	23	24	25 Holy Ascension 8:00/9:00 AM Orthos/Liturgy	26	27
28 Sunday of the Fathers of 1 st Council Orthros 9:00 AM Liturgy 10:00 AM General Assembly 11:30AM	29 Memorial Day 	30	31			



Memorials

Cost in the Bulletin

2 Months.....	\$20.00
1 Year	\$110.00
Perpetual	
(No Expiration)	\$1000.00

If you need *Koliva* (wheat) for a memorial, please contact the Ladies Society who will prepare it. There is no cost

GENERAL ASSEMBLY MEETING AGENDA

May 28, 2017

- Opening Prayer Fr. Day
- Election of Moderator & Recording Secretary Peter Goranites
- Election of Election Committee for the Fall election of council members
- Recording Secretary's Report
- President's Report..... Jim Simones
- Treasurer's Report..... Michael Pelletier
- Priest's Report..... Fr. Day
- Ladies Society Melissa Simones
- Stewardship Committee Report.....

Business:

2017 Projects

Other:



FROM:
HOLY TRINITY GREEK ORTHODOX CHURCH
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LEWISTON, ME 04243-1344



To: